

THE WONDER OF IT ALL

THE ART & PRACTICE OF AWE

An Experiential Spiritual Retreat

Brenda Morgan, Ph.D
Meditation & Retreat Leader

THE ART AND PRACTICE OF AWE TRIGGERS SPIRITUAL

and creative transformation. It unlocks a doorway to the timeless flow of Existence, the Living Reality where all is felt to be One. The feeling of awe is also felt and expressed uniquely through each body mind. Life is a never-ceasing flow of spiritual and creative transformation, and learning to sense-feel the universal feeling tone of awe allows the higher physics of spiritual transformation to intensify.



BRENDA SHARES HER SPIRITUAL TRANSFORMATION

through the spoken word and silent meditation. She reveals insights and wisdom flowing from her own spiritual journey as well as spontaneous insights arising from the transformation itself. The space that is shared will encourage exploring and engaging the wondrousness of existence, the creative and unique expression in each being, and the eventual surrender of the soul into Spirit.

THROUGH A VARIETY OF INDIVIDUAL AND GROUP

ACTIVITIES, meditation and self-reflection, adaptive yoga (chair supported), nourishing foods and curated music, participants will be given opportunities to deepen their state of permanent awareness that everything is arising from Spirit.

March 23rd-25th 2018

Friday + Saturday + Sunday

Grass Lake Sanctuary in Manchester, Michigan

THOUGHTFUL ATTENTION AND TIME is given for group and individual reflections, simple movements, dialogues, insights, curated music, meditation and nourishing flavorful foods. These activities allow gentle and compassionate attention to arise, meant to help catalyze and to receive the spiritually transformative power of awe into our daily lives.

FRIDAY, MARCH 23rd

6:15pm

REGISTRATION

Arrive an hour earlier if you wish to relax & explore the land at GLS.

7 - 9pm

THE WONDER OF IT ALL:

Life is a never-ceasing flow of spiritual and creative transformation. Reflections and dialogue on the intricate and delicate relationship between awe and spiritual transformation.



SATURDAY, MARCH 24th

9:20am - 8pm

THE ART OF AWE:

Learning to sense-feel the universal, living feeling tone of awe allows the higher physics of spiritual transformation to intensify.



SUNDAY, MARCH 25th

9:20am - 4pm

THE PRACTICE OF AWE:

Reflections and dialogue on the intricate and delicate relationship between awe & spiritual transformation.



Questions?

call (734) 494-0674

\$395 Fee Includes

Retreat/Lunches + Saturday Dinner/Refreshments + Snacks
Since this is a daytime retreat, sleeping arrangements need to be made. Overnight accommodations + options:

- Local inns, motels & airbnbs
- Staying at the home of local participant

For Housing Assistance:

Please contact Patty Hart, Lodging Coordinator: 734-645-7251

FOR FURTHER DETAILS + TO REGISTER ONLINE:

www.movedbythelight.com

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The Art and Practice of Awe

An Experiential Spiritual Retreat

Brenda Morgan, Ph.D

Meditation Catalyst & Retreat Leader

STARTS + ENDS:

FRIDAY March 23rd 7pm-9pm

SATURDAY March 24th 9:20am-8pm

SUNDAY March 25th 9:20am-4pm

FEES:

\$395:

Full Payment + Daytime Attendance
+ 3 Meals/Refreshments

PAYMENT OR DEPOSIT:

- \$100 non-refundable deposit
- \$395 full payment

Questions?

call (734) 494-0674

MAIL REGISTRATION/PAYMENT TO:

Brenda Morgan, PhD

P.O. Box 130842

Ann Arbor, MI 48113

or pay online at movedbythelight.com

For lodging assistance please contact
Patty Hart, Lodging Coordinator:
734 - 645 - 7251

EMAIL :

(Pre-retreat packet will be emailed)