OVERNIGHT ACCOMMODATIONS





Since this is a daytime retreat, other sleeping arrangements need to be made.

OPTIONS:

- Local inns, motels, etc.
- Staying in home of another retreat participant.

FOR HELP Please contact Patty Hart, Lodging Coordinator:

734-645-7251

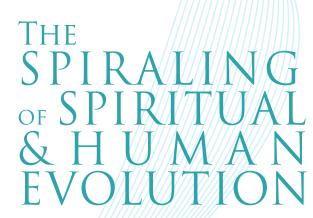
or email:

patty@everybodyhappy.net

Friends Retreat Center
7748 Clarks Lake Road
C h e l s e a , M I
7 3 4 - 4 7 5 - 1 8 9 2

MOVEDBYTHELIGHT.COM

Maps and directions will be mailed to you with your pre-retreat packets.



A 3-Day Winter Retreat



March 18-20th 2 0 1 6

Held in Chelsea, Michigan

RETREAT FOCUS

Life requires a twofold approach for personal and spiritual transformation. Self-love is about your integration into the physical plane, your creative expression. Learning to reside in the softness and peace of the Living God at the same time allows profound transformation to occur. The wondrous spiraling of human and spiritual evolution is fulfilled when self-love with Love of the Divine are united. This is the fullest approach to life.

AT THE RETREAT

A safe, supportive and catalytic environment will be held for you where the spiraling of body, mind and spirit can deepen their journey into love and its expression. Be prepared to relax, receive, absorb, and take home tools for a life of peace, love and expression that is uniquely yours.

HELD AT THE MICHIGAN FRIENDS CENTER CHELSEA,

We will be meeting at the Michigan Friends Center. The retreat building is surrounded by woods and offers a scenic, tranquil space for our retreat. There are hiking trails and beautiful views outside the windows; this is a simple and quiet space in nature.

MEALS:

Delicious and healthful lunches, breaks, beverages and other snacks/treats included.

DRESS:

Casual, comfortable, indoor daytime wear. Outdoor wear if interested in hiking.

PRESENTATIONS

The Spiral Of Existence Impermanence & the Wonder of the Universe Brenda Morgan, Ph.D

Spiritual Alchemy - Turning Lead Into Gold Alisa Dowell, B.A

Humanly Divine: Holding Space For The Tender Self To Emerge Tom Egan, M.Ed

Self-Care: Elements Of Healthy Boundaries Susan Fancy, B.S.

> Life...For Beginners Matthew Gannage, B.A.

Light And Shadow: Embracing Shadow To Reveal The Light Sharon Huxford, MSW

Honoring Your Creativity
Tom Mansell, M.A

Extend Your Expression, Extend Your Aliveness Carl Newmeyer, B.A.

Following Our Gut: Letting Body Wisdom Jumpstart Growth & Creativity Sarah Nuxoll, B.A, B.S

Reconnecting To The Intuition Of The Body Jane Robinson, M.A, LAC, Ph.D

Energy SpeaksJenny Lynn Santoro, Intuitive Stylist

Hand Made: Our Bodily Relationship With Tools, Creativity, And The World Around Us Philip Yamron, Art Business Owner



RETREAT LEADER

Brenda Morgan, Ph.D, has gone through a spiritual change in which her direct perception and experience of reality has been permanently transformed. This transformation has deepened over the past 25 years, and has been called many things in the history of our planet, but the core of all descriptions includes the direct awareness that everything arises from the Mystery, the Unknown and Infinite Feeling that all is One. Her transformation brings deeper perceptions of reality and a broader vision of life and service to the Earth and humanity.

ABOUT THE PRESENTERS

Those sharing with you have observed that life requires an ever-deepening understanding of and relationship to oneself, the outside world, and Life itself. This, in turn, allows for a spaciousness to arise when engaging their lives. This "spaciousness" leaves them available to the magical and creative expressions that can arise from deep within their beings.



STARTS:

FRIDAY, MARCH 18TH @ 9AM

ENDS:

SUNDAY, MARCH 20TH @ 5:15PM

FEES:

FEE \$395 (includes lunch/snacks)

PAYMENT OR DEPOSIT: \$100 non-refundable deposit \$395 full payment

MAIL REGISTRATION/PAYMENT TO:

Brenda Morgan, Ph.D P.O. Box 130842 Ann Arbor, MI 48113 or pay online at movedbythelight.com

ACCOMMODATIONS/LODGING:

Contact: Patty Hart

Email: patty@everybodyhappy.net

Phone: 734-645-7251

For local homes to stay in or hotel/motel information

EMAIL:

(pre-retreat information will be sent)