



## OVERNIGHT ACCOMMODATIONS



Since this is a daytime retreat, other sleeping arrangements need to be made.

### OPTIONS:

- Local inns, motels, etc.
- Staying in home of another retreat participant.

**FOR HELP** Please contact Patty  
Hart, Lodging Coordinator:  
**734-645-7251**  
or email:  
[patty@everybodyhappy.net](mailto:patty@everybodyhappy.net)

Friends Retreat Center  
7748 Clarks Lake Road  
C h e l s e a , M I  
7 3 4 - 4 7 5 - 1 8 9 2

[MOVEDBYTHELIGHT.COM](http://MOVEDBYTHELIGHT.COM)

Maps and directions will be mailed to you  
with your pre-retreat packets.

# THE SPIRALING OF SPIRITUAL & HUMAN EVOLUTION

A 3-Day Winter Retreat



**March 18-20th**  
**2016**

Held in Chelsea, Michigan

## RETREAT FOCUS

Life requires a twofold approach for personal and spiritual transformation. Self-love is about your integration into the physical plane, your creative expression. Learning to reside in the softness and peace of the Living God at the same time allows profound transformation to occur. The wondrous spiraling of human and spiritual evolution is fulfilled when self-love with Love of the Divine are united. This is the fullest approach to life.

## AT THE RETREAT

A safe, supportive and catalytic environment will be held for you where the spiraling of body, mind and spirit can deepen their journey into love and its expression. Be prepared to relax, receive, absorb, and take home tools for a life of peace, love and expression that is uniquely yours.

## HELD AT THE MICHIGAN FRIENDS CENTER CHELSEA, MI

We will be meeting at the Michigan Friends Center. The retreat building is surrounded by woods and offers a scenic, tranquil space for our retreat. There are hiking trails and beautiful views outside the windows; this is a simple and quiet space in nature.

### MEALS :

Delicious and healthful lunches, breaks, beverages and other snacks/treats included.

### DRESS :

Casual, comfortable, indoor daytime wear. Outdoor wear if interested in hiking.

## PRESENTATIONS

### The Spiral Of Existence Impermanence & the Wonder of the Universe

Brenda Morgan, Ph.D

### Spiritual Alchemy - Turning Lead Into Gold

Alisa Dowell, B.A

### Humanly Divine: Holding Space For The Tender Self To Emerge

Tom Egan, M.Ed

### Self-Care: Elements Of Healthy Boundaries

Susan Fancy, B.S

### Life...For Beginners

Matthew Gannage, B.A

### Light And Shadow: Embracing Shadow To Reveal The Light

Sharon Huxford, MSW

### Honoring Your Creativity

Tom Mansell, M.A

### Extend Your Expression, Extend Your Aliveness

Carl Newmeyer, B.A

### Following Our Gut: Letting Body Wisdom Jumpstart Growth & Creativity

Sarah Nuxoll, B.A, B.S

### Reconnecting To The Intuition Of The Body

Jane Robinson, M.A, LAC, Ph.D

### Energy Speaks

Jenny Lynn Santoro, Intuitive Stylist

### Hand Made: Our Bodily Relationship With Tools, Creativity, And The World Around Us

Philip Yamron, Art Business Owner



## RETREAT LEADER

**Brenda Morgan, Ph.D**, has gone through a spiritual change in which her direct perception and experience of reality has been permanently transformed. This transformation has deepened over the past 25 years, and has been called many things in the history of our planet, but the core of all descriptions includes the direct awareness that everything arises from the Mystery, the Unknown and Infinite Feeling that all is One. Her transformation brings deeper perceptions of reality and a broader vision of life and service to the Earth and humanity.

## ABOUT THE PRESENTERS

Those sharing with you have observed that life requires an ever-deepening understanding of and relationship to oneself, the outside world, and Life itself. This, in turn, allows for a spaciousness to arise when engaging their lives. This "spaciousness" leaves them available to the magical and creative expressions that can arise from deep within their beings.

# THE SPIRALING OF SPIRITUAL & HUMAN EVOLUTION

A 3-Day Winter Retreat

## STARTS:

FRIDAY, MARCH 18TH @ 9AM

## ENDS:

SUNDAY, MARCH 20TH @ 5:15PM

## FEES:

FEE \$395 (includes lunch/snacks)

## PAYMENT OR DEPOSIT:

\$100 non-refundable deposit

\$395 full payment

## MAIL REGISTRATION/PAYMENT TO:

Brenda Morgan, Ph.D

P.O. Box 130842

Ann Arbor, MI 48113

or pay online at [movedbythelight.com](http://movedbythelight.com)

## ACCOMMODATIONS/LODGING:

Contact: Patty Hart

Email: [patty@everybodyhappy.net](mailto:patty@everybodyhappy.net)

Phone: 734-645-7251

For local homes to stay in or  
hotel/motel information

## EMAIL:

---

(pre-retreat information will be sent)